



## **Health and Social Care - Level 3**

**Please see the overview below:**

### **Task 1:**

**Please can you complete the following scenario's applying the Health and Social Care PIES principle to each.**

PIES refers to Physical, Intellectual, Emotional, and Social development, which are interconnected aspects of a person's overall well-being and health.

Physical describes the physical state & abilities of a person.

Intellectual refers to cognitive capacities and mental well-being.

Emotional refers to feelings, mood, and emotional stability.

Social means building and sustaining positive relationships.

**Please apply this principle to these stages of human development**

- Infancy
- Childhood
- Early Adulthood
- Middle Adulthood
- Late Adulthood