

AQA Food Preparation and Nutrition

Exam Board: AQA

Exam Dates: Written exam 50% of total GCSE grade—Tuesday 11th June 2026 pm



Revision Resources Available

- Student shared / docs—virtual school—design and technology—year 11—food—revision work year 11
- Recommended revision guide and workbook— Harper Collins AQA GCSE Food Preparation and Nutrition complete revision guide & practice:
- Online Text Book: <https://www.illuminate.digital/aqafood/> username—SASHBY3 password - LE651DT3.
- Seneca—set by subject teacher

Exam Papers and Content:

NEA1—15% of total GCSE grade—Deadline October 31st 2025

Food Science Report looking at the functional and chemical properties of ingredients. Students will undertake 3 experiments as part of this NEA.

NEA2—35% of total GCSE grade—Deadline TBC Feb 2026

Food Preparation assessment focusing on technical skills and presentation within cooking. Students will be off timetable for a day for their final examination cook as part of this NEA.

Written exam—50% of the total GCSE grade

- Food nutrition
- Food provenance
- Food choice
- Food preparation
- Food science