

Empowered to Succeed

Focus of the week: Revisiting revision timetables

With trial exams coming up after half term now is a good time to review your revision timetable and tweak this where you need to. See the back pages for details of the afterschool revision sessions you can attend.

Revision Planning - Start with a Template

A week at a time

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
16:00						10:00		
17:00						12:00		
18:00						14:00		
19:00						16:00		
20:00						18:00		
21:00						20:00		

Block out time for activities and choose some after school sessions

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
16:00	After school French		After School Geography	After School Design		10:00	Sports	
17:00						12:00		
18:00						14:00	See Relatives	
19:00		Training			See Friends	16:00		
20:00						18:00		
21:00						20:00		

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
16:00	After school French		After School Geography	After School Design	Watch TV / Relax	10:00	Sports	
17:00	Eat / Relax	Eat / Relax	Eat / Relax	Eat / Relax		12:00		
18:00						14:00	See Relatives	
19:00		Training	Watch TV / Relax		See Friends	16:00		
20:00				Watch TV / Relax		18:00		
21:00	Watch TV					20:00	Watch TV / relax	

THE ONE ABOUT PARENTS AND GRADES

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THE STUDY

It is one of the most common and important questions that parents ask teachers at parents evening—"what can I do to best help support my child?". So researchers reviewed 37 studies on the effects of parental behaviours and attitudes on childrens' grades. This involved a sample of over 80,000 students and their families. They then made suggestions as to what does and doesn't work.

THE MAIN FINDINGS

Their study found that four of the best things a parent can do at primary and secondary school level to help their child's grades are:

1 Have high academic expectations

Having high aspirations and expectations of your child **has the biggest impact** on their grades. Parental expectations include how important school is, their attitude towards teachers, and the value of education.



2 Regular communication

This includes developing and maintaining communication with children about their school life. This **helps parents nip any potential problems** in the bud before they manifest into bigger issues.



3 Good reading habits

This involves **reading frequently and regularly with your child**. This includes reading to them and encouraging them to read alongside you as well.



4 Homework rules

This revolves around having clear rules to deal with how they divide their homework and leisure time. Explaining why these rules are in place **can help them to make better decisions** regarding their independent study time later in their school career.

By contrast they found that behaviours such as parental attendance of school activities and supervising homework did not make a significant impact on grades.

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Afterschool Revision



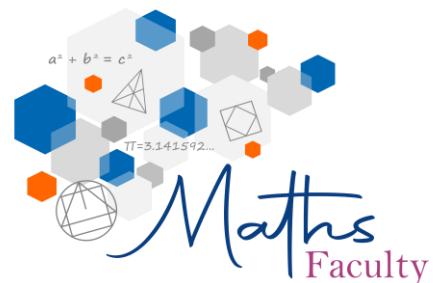
History revision will start on Wednesday 21st Jan

Psychology afterschool revision in H7 on Tuesdays.

Date	Subject	Teacher	Topic
20/01	Psychology	MGE	Social influence- conformity & obedience

Maths past paper club will run on selected **Wednesdays** in **M5**
all students welcome

- 14th January
- 28th January



Computing

Every **Monday** afterschool (3:15 - 4:15pm) open to all
focusing on exam technique.



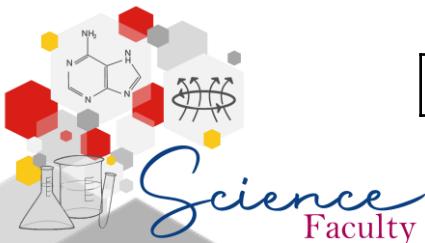
French fun club - Mon Week A Lunchtime

For higher grammar revision and listening.
Bring lunch. **12:25 - 12:50**.

- Engineering NEA – **Monday week B in D7**
- Food Prep NEA – **Monday and Tuesday lunchtimes D2**
- Graphics NEA – **Tuesdays in D1**



Science is in **S1** on Wednesdays **3.15-4pm**. All year 11 students welcome.



Wed 14th Jan	Physics	Atomic structure and isotopes
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Music - Tuesday for an hour after school.
Media - Tuesday for an hour after school.
Art - Day 1 and day 7 for an hour after school.

