

Alternative Academic Qualification (AAQ)
Health & Social Care



Introduction to Sixth Form

Name: _____

What will I be studying?

Health and social care is a subject that has many topic areas and is a good foundation subject for a wide range of careers.

In general, it's about people, their health, individual circumstances and what affect individuals.

Your learning will explore what healthcare and social care service there are and how different job roles support people to meet their individual needs.

First year of study

One exam assessed unit – Unit 1 Human Lifespan and Development – May 2027

One supervised assignment called PSAB (Pearson Set Assignment Brief)

You will have 12-hour of written assessment, the PSAB; Unit 3 Principles of Health and Social Care Practice. There will be some work that is unsupervised too. You will learn the unit content and then do the written assessment.

You will have an opportunity to resit your exam and there will be a chance to improve some of your assignment work

Second year of study

One exam assessed unit – Human Biology and health – May 2028

One set of supervised assignments called PSAB (Pearson Set Assignment Brief) – Unit 5 Health Education.

Your teacher will deliver the course content using a wide range of teaching methods.

You will have a booklet which you will be using in lessons and, a completed booklet at the end of the unit for revision or PSAB practice. You can monitor your own learning through tick off the content as you go along .

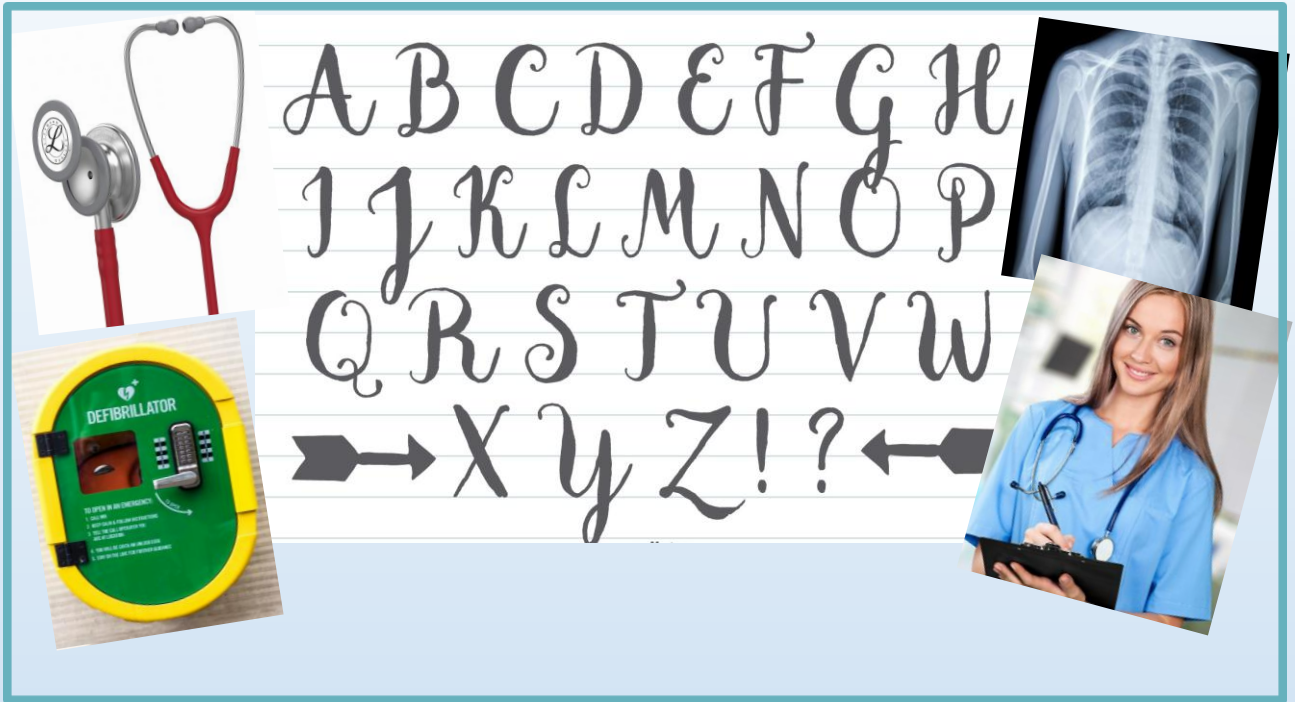
You may be considering a career which requires a university degree and are thinking about UCAS points for the AAQ Extended Certificate.

Certificate		Ext. Certificate	
Grade	UCAS points	Grade	UCAS points
D*	28	D*	56
D	24	D	48
M	16	M	32
P	8	P	16

GLOSSARY

Term	Definition	Pic/image/draw
Person-centred care		
Care values		
Holistic Approach		
Multi-disciplinary team		
Physiology		
Health and care legislation		
Risk Assessment		
Meeting people's needs		
Self-Esteem		

Research a list of Health and Social Care jobs/ medical terms for each letter of the alphabet



A
B
C
D
E
F
G
H
I
J
K
L
M

N
O
P
Q
R
S
T
U
V
W
X
Y
Z

An information leaflet task

Choose one of the below

Research the government recommendations for the below lifestyle factors and produce an educational information leaflet;

- **Alcohol units**
- **Exercise**
- **Hydration**
- **Nutritional diet**
- **Sleep**
- **Smoking**
- **Prescription and illegal drugs**

Research different techniques to manage stress, worries and anxieties and produce an educational leaflet;

- **Grounding**
- **Breathing exercises**
- **Me time and saying no**
- **Meditation**
- **Avoiding unhealthy habits**

On 'The front line'.....

- What does it mean when people talk about being 'on the front line'?
- What does it mean when people talk about multidisciplinary teamwork?

Job Role	Definition	Roles and Responsibilities
District Nurse		
Auxiliary Nurse		
Palliative Care		
Phlebotomist		
Domiciliary Carer		
Neonatal nurse		

NHS

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to our amazing NHS staff**

#thankyouNHS



Resources > <https://www.nhs.uk/teaching-resources/shop/HSCresources>

True or False?

Are these statements True or False?

A district nurse will only work with the elderly.

A palliative care nurse will get involved with everyone who gets coronavirus.

A midwife works with babies and children up to 5 years

Domiciliary carers provide care in the home.

Only phlebotomists are allowed to take blood.

Auxiliary nurses help support other nurses to do their roles.

Passport to Sixth Form Check list

Use this list to make sure you have everything you need to hand in in September in order to start your AAQ Health & Social Care course. .

Completed glossary of key terms.

Filled in A-Z of Health and Social Care

Information leaflet

Job role research

Overview of job roles

Both Miss Fry and myself (Mrs Calvert) look forward to seeing you in September.