

Next Two Weeks

9 th September	Duke of Edinburgh Bronze & Gold Launch Events
9 th September	Year 12 Photos

Pastoral & Safeguarding Updates

Attendance - High levels of attendance are vital in supporting students to be successful in school. If students are unable to attend, please inform us by email or phone by 8.00am on the day of absence and every subsequent day.

Year 7 – Year 11 – call 01530 413748 ext. 202 or

email to yearteamabsences@ashbyschool.org.uk

Sixth Form – call 01530 413748 ext. 265. or email to

sixthform@ashbyschool.org.uk

Open Day/ Evenings for 2027 Entry

Ashby School Open evening - Our open Evening for prospective parents and students for **Year 7 entry 2027** will be held on **Thursday 1st October 2026 5-7pm**.

Sixth Form OPEN DAYS

Saturday 31st October 2026 12:30-3:00pm

Saturday 14th November 2026 10:00-12:30pm

Sixth Form OPEN EVENING

Wednesday 4th November 2026 5-7pm

Vacancies

Receptionist- Required from September 2026. For more information and to apply [visit Eteach](#).

English Tutor– Required for October Start 2026.

For more information and to apply, [visit Eteach](#).

Other Key Dates & Events

18 th -22 nd September	Ashby Statutes
Tuesday 22 nd September	School Early Finish – 2pm
25 th September	Jeans for Genes: Non-Uniform Day
1 st October	Ashby School Open Evening 5-7pm
5 th October	KS3 and KS4 Flu Vaccinations
15 th October	Year 7 CREW Settling Evening
19 th – 23 rd October	Half Term
Saturday 31 st October	Sixth Form Open Day 12:30-3:00pm

Duke of Edinburgh

Duke of Edinburgh Information Event -

Calling all Year 9s and 12s!

We are holding a Duke of Edinburgh Information event on **Wednesday 9th September** in collaboration with Premier Expeditions in the Lecture Theatre at the following times:

- Bronze Award for Year 9s: 5.30pm
- Gold Award for Year 12s: 6.30pm

This is your opportunity to find out more about the DofE and ask any questions that you may have.

Please click on the following links for the letters that provide all the details:

- [Bronze Award Letter](#)
- [Gold Award Letter](#)

Communications

Our main communication home is via the LiFE at Ashby Newsletter and Arbor App Notifications. We advise you to allow push notifications on the Arbor App, if you don't have this enabled, you may receive an email to inform you when a notification is sent. You will receive some communications via email, including the newsletter, urgent notices, specific trip information and behaviour communications. We may occasionally use text messaging for a time sensitive issue such as an emergency closure. For more information on the Arbor App, please follow [this link](#).

Please find below a letter for each year group containing important information for your child:

- [Year 7 Communication Letter](#)
- [Year 8 Communication Letter](#)
- [Year 9 Communication Letter](#)
- [Year 10 Communication Letter](#)
- [Year 11 Communication Letter](#)

Ashby Statutes

Ashby Statutes will return to Market Street and Brook Street, in Ashby this year between Friday 18th and Tuesday 22nd September. The fun fair occupies both streets, and the traffic management system impacts on many roads around the town centre. Information below:

Roads closed: Market Street and Brook Street
One Way system to include: Lower Church Street, South Street, Bath Street, Derby Road, Elford Street, The Green and North Street.

You may wish to plan extra time for your journeys to and from school during the road closure as the traffic system can impact on the flow of traffic in and around Ashby de la Zouch and to avoid Ashby de la Zouch town centre where possible.

CREW Programme

Exciting News!

We're excited to launch our enhanced **CREW programme** next academic year, with a dedicated one-hour timetabled session each fortnight that builds on our strong existing provision and deepens our commitment to every student's personal, social, and academic growth.

CREW—**Coaching, Reflection, Enrichment and Wellbeing**—gives students structured time to form meaningful relationships with a consistent CREW Leader, develop agency and essential skills such as self-regulation and resilience, engage in purposeful coaching conversations, explore enrichment opportunities, and prioritise their wellbeing.

This dedicated hour strengthens CREW as a safe, supportive space where students can reflect, celebrate their strengths, and navigate challenges with confidence, ensuring we continue to help every young person thrive and believe that anything is possible.

In the Classroom

What are we learning KS3 Autumn 1 2026.

Please find an overview of what students will be learning in their subjects during the first half of the Summer term to support them to become Empowered to Learn and know that Anything is Possible. Thank you for your continued support and involvement in your child's education. We look forward to a productive and enriching half term! Please click the relevant year to open the link.

[Year 7](#)

[Year 8](#)

[Year 9](#)

SOCIAL MEDIA

ADDICTION & ITS EFFECTS

What is it?

Also known as 'Problematic social media use' (PSMU), social media addiction is being overly concerned with social media, driven by the strong urge to log on to, or use social media, and devoting so much time and effort to it, that it impacts your daily life and well-being. It can affect your mental health, sleep patterns, relationships, your studies, even your work/career.

Effects

Researchers found the negative effects of excessive social media use include:

❗ **MENTAL HEALTH STRUGGLES:** High correlation with anxiety, depression, increased stress, and suicidal thoughts. This can be brought on by cyber bullying, which happens often on social media platforms.

❗ **ADDICTION & BEHAVIOURAL ISSUES:** Symptoms similar to drug addiction, including mood swings, paranoia, and withdrawal symptoms such as being irritable whilst away from social media.

❗ **SLEEP DISRUPTION:** Reduced sleep quality, shorter duration of sleep, and difficulty sleeping at all.

❗ **COGNITIVE & SOCIAL IMPAIRMENT:** Reduced attention span, potential ADHD-like symptoms, and diminished in-person social interaction.

❗ **FEELINGS OF LONELINESS:** One study found that high usage of Facebook, Snapchat, and Instagram increases feelings of loneliness and isolation.

❗ **NEGATIVE COMPARISONS:** This leads to poor body image, low self-esteem, and the "fear of missing out" (FOMO).

The severity of these effects depends on the amount of time spent and frequency of use, with young people being particularly vulnerable.



Overcoming It

Overcoming social media addiction is crucial to prevent serious mental health issues like anxiety and depression, improve sleep, boost productivity, and foster real-world relationships. Excessive use disrupts daily life, and can cause self-esteem issues, making it essential to manage usage for better emotional and psychological well-being.

Tips for Everyone



SET APP SCREEN TIME LIMITS

Use 'Digital Wellbeing' settings on your phone to limit social media app use to between 30 mins to 2 hrs per day, to maintain good mental health. Exceeding 2 hours on social media per day, research says, increases the risks of anxiety, depression, and social isolation.



SET "DIGITAL DETOX" TIMES

Set specific times of the day to be completely offline, for example, at least one hour before bedtime, during mealtimes, or by designating "screen-free zones" in the home e.g. bedrooms. Also ensure app notifications are switched off.



MAINTAIN 'OFFLINE' RELATIONS

Maintain in-person relationships and hobbies, like sports, music, or art, to reduce reliance on digital platforms for social fulfilment.

Tips for Parents



USE PARENTAL CONTROLS

Parents/guardians should use parental control apps such as 'Google Family Link' or 'Qustodio', or devices with built-in parental controls e.g. TP-Link Deco Wi-Fi Router, to set screen time limits on your children's devices, and block apps they shouldn't use.



TALK WITH YOUR CHILDREN

Have open, ongoing discussions about the negative effects of social media, and the importance of taking breaks and limiting screen time for their mental health and wellbeing.

What's been happening...

Another year of successes for Ashby GCSE students

It was an anxious wait for our leaving Year 11 students last Thursday as they queued to receive their GCSE results. However, this was quickly replaced with students celebrating their successes. We are delighted that GCSE results have improved again from 2025 to continue our improvement year on year. This means that nearly three quarters of our students gained grade 4s in both English and Maths and well over half gained two Grade 5s in these subjects.



These are really important benchmarks for students as they allow them to progress onto a wide range of courses and opportunities, and we are really pleased that we have been able to support so many students to these successes. English and Maths successes were matched across our other subjects too with many students out-performing expectations. We were especially pleased to see one student get all Grade 9s, a phenomenal achievement, alongside many others scoring multiple Grade 8s and 7s. We are also immensely proud of our students who have faced challenge during their time with us and worked relentlessly to overcome these barriers and experience success. Our pastoral team support has ensured that all students can achieve their potential, and we know these positive reflections will travel with them as they step forwards.



As a result of all this hard work, many of our students from Ashby School are stepping up into Sixth Form study but we have also supported students to a range of vocational college-based studies in the locality and wish them every success with these opportunities. Dr Mellor, Headteacher, said 'it is such a pleasure to see students collecting their results. They have worked so hard and should be really proud of their achievements. It's also lovely to see students so positive about their next steps and we wish them well as they progress to colleges and apprenticeships though it is especially great to see so many of our students choosing to stay with us and progress into Sixth Form study'.



If you are interested in seeing what Ashby Sixth Form has to offer, then please note that our facility tour events are Saturday 30th October from 12:30-3:00 and Saturday 14th November from 10:00-12:30 alongside our KS5 Open evening on Wednesday 4th November 5:00-7:00 where you can find out about our courses and enrichment offer. Full details are on our website. We also have some spaces remaining on some courses for students who are still considering their post-16 choices.

Life at Ashby Sixth Form



Onwards and upwards for students at Ashby Sixth Form! We are delighted to have been able to celebrate the success of our Year 13 leavers who collected their A level results on the 13th August 2026. There were some anxious waits in the queue before students could collect their results but also lots of excitement and joy as students reconnected with friends after the summer break.

Overall, Ashby Sixth form is really proud of the results gained. 13 students scored at least 3 qualifications with A or A* grades or vocational equivalents and 76 students achieved the high standard of at least 3 grade Bs or higher. We were specifically impressed with our student who received 4 A* grades in Chemistry, Physics, Maths & Further Maths and another who secured 3 A* grade and 1 A across Maths, Further Maths, French and Physics. We are also immensely proud of our students who have faced challenge during their time with us and worked relentlessly to overcome these barriers and experience success.

Our pastoral team support has ensured that all students can achieve their potential and we know these positive reflections will travel with them as they step forwards.



As a result of all this hard work, students from Ashby Sixth Form will now be pursuing a range of futures including Cambridge to study Natural Sciences, Bristol to study Maths alongside competing in their elite Tennis pathway and a degree apprenticeship with Deloitte, a prestigious global finance company.

Mr Talbot, Director of Sixth Form said 'A level results day is always a joy. It is a privilege to share the excitement of students collecting results that allow them to make their dreams a reality. We wish all our students the very best as they step into an amazing array of future courses, apprenticeships and opportunities and thank them for their commitment to our sixth form and the aspiration their work will instil in those who follow in their footsteps'.

Moving forwards, we welcome our largest cohort of Year 12 students for some years from Ashby School, our LiFE Mat sister schools of Ivanhoe and Ibstock as well as a wide range of schools from the surrounding area. We know they are excited to be joining us and wish them every success over their studies.

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Events & Community Information...



Open Evening



Thursday 1st October 5 - 7pm

No need to book.

www.ashbyschool.org.uk

Anything is Possible



Open Day Events

- Saturday 31st October 12:30-15:00
- Saturday 14th November 10:00-12:30

Come and view our campus, see our amazing facilities and meet the Sixth Form Pastoral Team.

No need to book please just arrive between the designated times.

Tours will start from our Sixth Form reception on the Leicester Road site

For more information, please email us:
sixthform@ashbyschool.org.uk



School Pantry.

We are very lucky to be supported by MCKS charitable foundation which enables us to provide support to staff and students in the form of food and toiletries supplies.

Did you know that you can access our school pantry? If you or someone you know could benefit from help with food costs, please email foodpantry@ashbyschool.org.uk

All pantry visits are discreet and confidential.



Open Evening

Wednesday 4th November 17:00-19:00

Take this opportunity to find out more about our impressive Sixth Form, meet our subject specialists and explore our broad and diverse curriculum.

No need to book.

This evening will be based at our Nottingham Road site.

For more information, please email us:
sixthform@ashbyschool.org.uk

